

GET INVOLVED! BECOME A MENTOR!



Young people who have a mentor relate better, achieve more, have greater self-esteem and stay away from the negative influences that confront young people every day. A supervised one-on-one relationship is one of the most effective ways to help a young person in need.

A disproportionate number of minority young men are raised without their own fathers and grew up without a positive role model. The mentoring program matches a young father with a caring adult male who will take time to provide direction and guidance.

Why should someone become a mentor?

Not only will they have fun doing a good deed, they will also benefit by making a difference in the lives of young men and their families.

How much time must a mentor commit?

One hour a week, four hours a month for a minimum of one year. You'd be surprised how much of a difference this minimum commitment of time can make.

What are the requirements needed to be a mentor?

Mentors must be a male who is at least 21 years of age, participate in an interview and screening process, undergo a required criminal background check and attend training workshops.

MISSION

Provide young fathers under the age of 24 years with supportive community-based resources to assist them to actively participate in the lives of their children and families in order to strengthen their communities. In particular, our goal is to reach those young fathers who are ignored, isolated and have no reliable support system.

GOALS

■ To IMPROVE the parenting skills of young fathers.

■ To IMPROVE the physical, emotional and spiritual well-being of young fathers.

■ To PREVENT adolescent males from becoming parents until they're ready.

■ To INCREASE educational and vocational opportunities available for young fathers in need.

■ To INCREASE community awareness on the IMPORTANCE of fatherhood and the social problems of fatherless families.



A responsible father
Is a crown jewel.
Fatherhood is a
Blessing that matters.

Financial Support and Volunteers
are the life blood for most
non-profit organizations.
We need your support to continue
to provide quality services
to young fathers and their families.

For tax deductible donations by check,
please make out, and forward to:

Haki Nkrumah
Young Fathers of Central Florida
511 W. South Street
Orlando, Florida 32805
407.423.9400 ■ 321.397.3093
umoja12@aol.com

For credit card donations, please go to:

www.youngfathersofcentralflorida.com

OUR PARTNERS

- University of Central Florida
Strengthening Communities
- City of Orlando, Department of
Families, Parks & Recreation
- Children's Home Society of Florida
 - Walt Disney World®
- Orlando Mayor's Matching Grant
 - Grant Transportation
- Seminole Behavioral Healthcare
 - 1st Veterans' Kids Care

**ANY INFORMATION DISCLOSED
TO US, VERBAL OR WRITTEN,
IS STRICTLY CONFIDENTIAL.**

PROGRAMS

Dad to Dad Mentoring

Young people who have a mentor relate better, achieve more and have greater self-esteem. Studies show that young people, who have a volunteer mentor, stay out of trouble. A supervised one-on-one relationship is one of the most effective ways to help a young person in need.

A disproportionate number of young fathers were raised without their own fathers and grew up without positive male role models. Our mentoring program matches a young father with a caring adult father, who will take time to provide direction and guidance.

Parent Training & Development

We agree with the saying "Parenting is the hardest job you will ever Love". Since there are no parenting manuals or perfect way to raise a child, parent training gives parents the opportunity to learn from other parents and professional various parenting techniques that have proven successful.

We provide bi-weekly parent training workshops. A few topics includes, Shaken Baby Syndrome, SIDS, Disciplining, Child proofing your home, and Healthy & Affordable Activities. All workshops are by appointment only.

Fathers Support Groups

Often, young fathers are frightened, nervous, or unsure of their fatherly responsibilities. In many cases, they have never taken a parenting class or had a father actively participating in their lives. Fathers support groups gives them the opportunity to interact and bond with other fathers, of all ages and backgrounds and with different experiences. Groups are held once each month, in Orange, Seminole and Osceola counties.

Our children

are the future.

They must

be nurtured,

loved and respected.

The responsibility

is ours.



*Fathers matter ...
Now, more than ever.*

Teen Fathers Academy

- A six month training and development program designed for teen fathers who have the desire to develop positive character as young men *and* fathers.
- Participants will be selected by a committee of two YFCF staff and one outside agency member. The selection process will include an application review, two referrals and one individual interview.
- Upon completion of the program, there will be a graduation ceremony recognizing each father's participation. Each graduate will be encouraged to become an active Alumni Association member and are expected to serve as peer mentors for future Academy participants.

Gents to Gentlemen

- A six month, six module, character development program, designed for young boys between the ages of 10-13 years. This program covers modules and activities in the areas of character development and etiquette. Modules are as follows: Character Development, Mentorship, Education Planning, Etiquette & Personal Grooming, Public Speaking/Social Networking and Healthy Living. Activities include Kennedy Space Center, Orlando Science Center and Dwight Howard Basketball Camp.



Making a difference!